GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

STARRED QUESTION NO:225
ANSWERED ON:05.12.2001
HEART DISEASES
AVTAR SINGH BHADANA

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether the people of India are more prone to heart-diseases in comparison to the people of other countries;

(b) whether smoking, high blood pressure, non-vegetarian food and changing life-style are the major causes of heart diseases; and

(c) if so, the effective measures taken by the Government alongwith details thereof?

Answer

MINISTER OF HEALTH AND FAMILY WELFARE (DR. C.P. THAKUR)

(a)to(c): According to Indian Council of Medical Research, no sufficient data are available that Indians are more prone to heart diseases in comparison to other countries. The three main risk factors for coronary heart disease are smoking, physical inactivity and faulty diet. Since the causes of this disease are attributed among others to individual life style and food habits, the doctors are creating awareness among the people for adopting proper life style and food habits to control these diseases.